

FROZEN MEALS

(home meal services)

**OAKHOUSE FOODS
THE SIDINGS BUSINESS PARK
SKIPTON NORTH YORKSHIRE BD23 1TB
01756 796336**

**To book any of the following services please contact
'Oakhouse Foods' on the above telephone number or
alternatively by post at the above address.**

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**Care and Home Options
Independent Choice
(Care Options for Adults)**

**ChoicE is an INFORMATION SERVICE ONLY. WE DO NOT
COMMISSION ANY OF THE FOLLOWING SERVICES.**

“ChoicE”, 206 Stamford Street, Ashton-u-Lyne. Tel/Fax 0161 339 5355

is Managed by Tameside Citizens Advice Bureau
Funded by Tameside MBC Adult Services
Charity registration number 701113
Company Limited by Guarantee number 2302696



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SERVICE	COST
FROZEN MEALS DELIVERED TO YOUR DOOR TO BE HEATED IN THE MICROWAVE OR OVEN	VARIABLE COSTS DEPENDING ON ITEM ORDERED, FROM: £1.99 TO £5.40 PER COMPLETE MEAL

TYPE OF MEAL	PROVIDED
TRADITIONAL MEALS	YES
ASIAN MEALS	LIMITED
DIABETIC MEALS	YES
VEGETARIAN MEALS	YES
LOW FAT MEALS	YES
GLUTEN FREE MEALS	YES
REDUCING DIET MEALS	YES (LOWER CALORIES)
MODERATE SALT MEALS	NO
SOFT DIET MEALS	NO

AREAS COVERED: N & W YORKSHIRE,LANCASHIRE, GREATER MANCHESTER, SOME SK POSTCODES

DELIVERY CHARGE: NONE

DELIVERY DAY: TUES – ASHTON. OTHER AREAS PLEASE PHONE.

PAYMENT METHOD: CASH/CHEQUE ON DELIVERY. DEBIT/CREDIT CARD ON PHONE.

This information has been sought from the service provider and has been collated by “**ChoicE**” the shop for information on Care Options for Adults.

The information provided does not constitute any recommendation on the part of “**ChoicE**”, Tameside Citizens Advice Bureau or Tameside MBC and any liability, however caused, as a consequence of services supplied, is hereby excluded.

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